



**COHERE** TLIF-O

# Technique guide



This document is intended exclusively for physicians.

This document contains general information on the products and/or procedures discussed herein and should not be considered as medical advice or recommendations regarding a specific patient or their medical condition.

This surgical technique guide offers guidance but is not a substitute for the comprehensive training surgeons have received. As with any such technique guide, each surgeon should use his or her own independent medical judgment to consider the particular needs of the patient and make appropriate clinical decisions as required. A successful result is not always achieved in every surgical case.

As with all surgical procedures and permanent implants, there are risks and considerations associated with surgery and the implant, including the use of Cohere TLIF-O. It may not be appropriate for all patients and all patients may not benefit.

It is the surgeon's responsibility to discuss all relevant risks with the patient prior to surgery.

All non-sterile devices must be cleaned and sterilized before use. Multi-component instrument assemblies must be disassembled prior to cleaning.

This surgical technique guide provides information supplemental to information provided in the individual system instructions for use (IFU) regarding the products referenced herein.

Please refer to the corresponding individual system IFU for important product information, including but not limited to, indications, contraindications, warnings, precautions and adverse effects, located at the back of this surgical technique guide, and which can also be found at [nuvasive.com/eIFU](https://www.nuvasive.com/eIFU).

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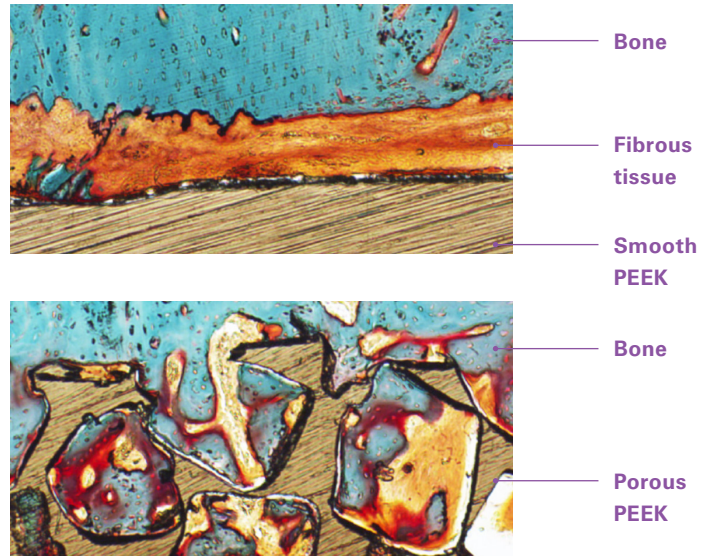
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# Cohere TLIF-O system overview

## Surface

### Porous surface designed to participate in fusion

- Porosity elicits a significantly stronger osteogenic response at the cellular level compared to roughened or nano-roughened surfaces<sup>1-4</sup> on their own.
- Porous endplate design promotes new bone on-growth and in-growth,<sup>5</sup> leading to greater integration strength than smooth PEEK.<sup>6,7</sup>
- The increased surface area and wicking capability of the porous surface has been found to improve blood to implant contact compared with traditional interbody implants.<sup>5</sup>



## Structure

### Durable structure mimics the architecture and stiffness of bone

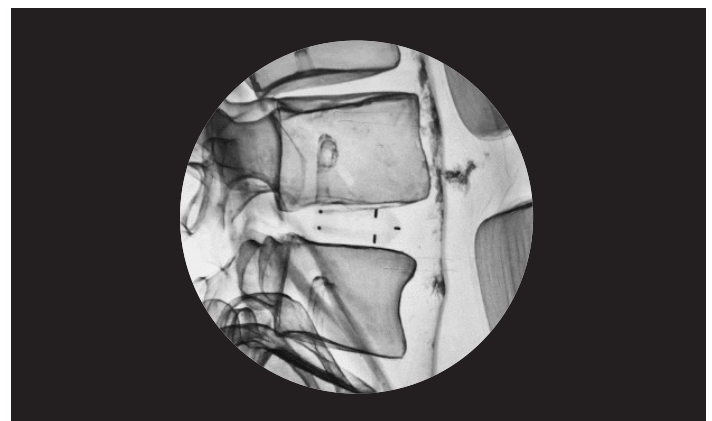
- Cohere TLIF-O is manufactured through a proprietary extrusion process, which results in a unified porous-to-solid structure.
- Cohere maintains high porosity under conditions that replicate anatomic loading and has been shown to resist abrasion damage and delamination under impacted insertion.<sup>8,9</sup>
- With a stiffness similar to bone, Cohere implants have demonstrated reduced stress shielding and risk of subsidence, compared with solid titanium implants.<sup>10</sup>



## Imaging

### Created with imaging in mind

Cohere leverages the radiolucent properties of PEEK to enable radiographic visualization on a variety of imaging modalities.



# Technique guide

## Equipment requirements

### COHERETLIFOCOREIMP

- Cohere TLIF-O implant set contains all core implant sizes

### COHERETLIFOCOREINS

- Cohere TLIF-O instrument set contains trials, inserters, T-handles, a tamp and removal tool

### COHERETLIFOOUTIMP1 and COHERETLIFOOUTIMP2

- Cohere TLIF-O outlier implant sets contain all outlier implant sizes

### COHERETLIFOOUTINS

- Cohere TLIF-O outlier instrument set contains trials

### MT2ACCESS (optional)

- Maximum Access Surgery (MAS) TLIF 2 access set contains the MAS TLIF 2 blades, retractor body and instrumentation

### EXGENINS, EXDISCPREPSTRT or EXDISCPREPBAY

- Excavation sets contain paddle sizers, shavers, curettes and kerrisons

### Fixation options

- Reline

### Biologic options

- Osteocel Plus
- Osteocel Pro
- Graft Delivery System (GDS)

For a complete list of intended uses, indications, device description, contraindications, warnings, and precautions, please refer to the Cohere thoracolumbar interbody system IFU found at [nuvasive.com/elifu](https://www.nuvasive.com/elifu).

## Highlighted instrumentation

### Sizing and trialing



### Trial

### Implant insertion



### Cohere TLIF-O inserter, 10 mm



### Cohere TLIF-O inserter, 10 mm impact



### Cohere TLIF-O inserter, 14 mm impact



### Cohere TLIF-O removal tool



## Patient positioning and OR setup

Place the patient on the operating table in a prone position. Prepare and drape in a conventional manner. Fluoroscope should have access to the surgical field for both A/P and lateral views. Fluoroscopic monitors and NVM5 unit should be placed in clear view (*Fig. 1*).

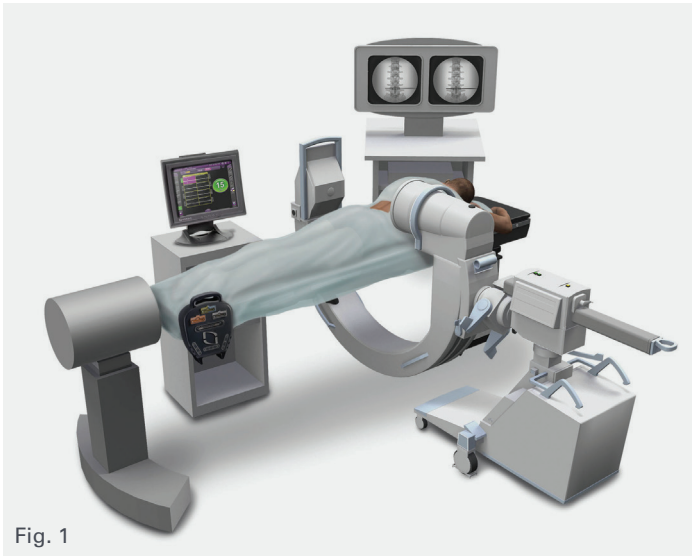


Fig. 1

### Patient prep for lumbar neuromonitoring with NVM5

For TLIF procedures utilizing electromyography (EMG) neuromonitoring, place the EMG electrodes on the patient prior to positioning and orient the NVM5 screen toward the operative surgeon. Refer to the NVM5 electrode patient prep guides for more information.

Once electrodes are properly placed, execute a twitch test to detect the presence of neuromuscular blocking agents, which can impact the accuracy of EMG monitoring.



## Step 1

### Anatomical landmark identification and initial incisions

Localize the disc space using fluoroscopy in the A/P and lateral views. Target the pedicles above and below the affected level and mark the location of each pedicle. Make a skin incision between the medical markings, sized appropriately for the retractor being used.

## Step 2

### Exposure

Using finger dissection, a Cobb or curette, release tissue from the facet joint, as necessary, at the affected level.

## Step 3

### Discectomy

After achieving access to the target anatomy and completing a decompression, perform the necessary thorough annulotomy and discectomy (*Fig. 2*).

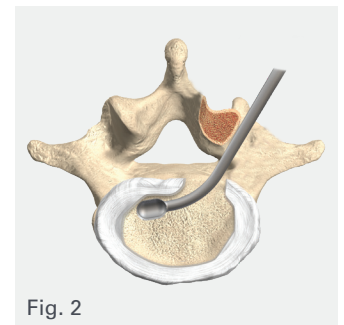


Fig. 2

### NVM5: Free run EMG

Use free run EMG to continuously monitor for mechanical disturbances to neural structures when using the Cohere TLIF-O implant and inserter.



## Step 4

### Sizing

Once the discectomy at the desired level has been completed, determine the appropriate height and width required, using the provided trials (Fig. 3).

**Note:** Trial width matches true width of implant. Trial height matches the labeled implant height, and correlates to true implant height for optimal tactile feel.

Attach T-handle to trial and insert on its side into the disc space at an oblique angle (Fig. 4). Use A/P and lateral fluoro to confirm the proper placement and trajectory. Sequentially increase trial size until the desired disc height is established.

**Tip:** The corresponding height and lordotic angle are labeled on the proximal end.



**Tip:** Insert trial into the disc space at 30° to achieve proper lordosis in the sagittal plane.

Once across midline, rotate the T-handle up to height, confirming that the “medial” and “lateral” markings on the proximal end of the trial are in the correct orientation (Fig. 5). The angle can be verified via fluoroscopy in the sagittal plane if you can clearly identify a triangle anterior and posterior with a rectangle in the middle.



Fig. 3

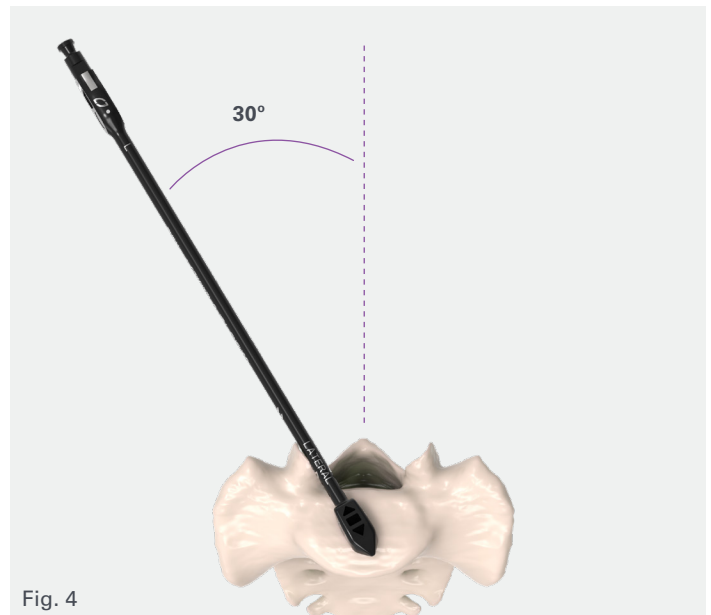


Fig. 4

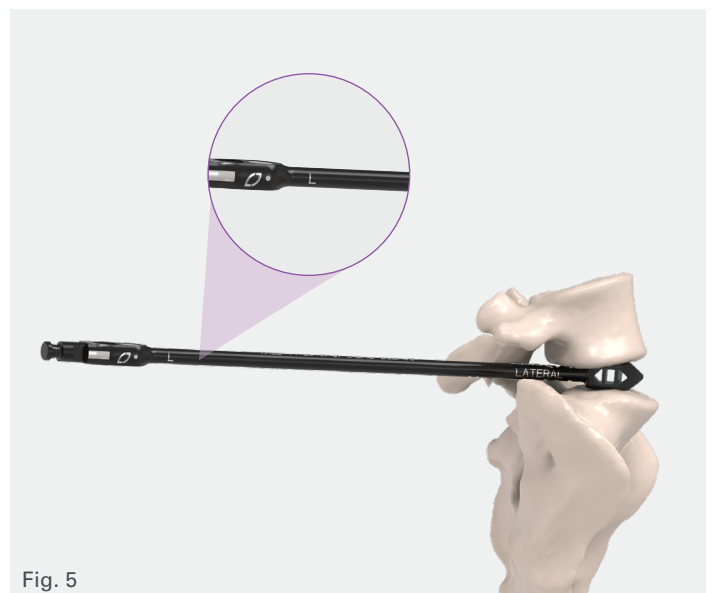


Fig. 5

## Sizing (cont.)

If the anterior triangle is larger than the posterior triangle (Fig. 6), adjust hand medially until anterior and posterior triangles are the same size.

If the posterior triangle is larger than the anterior triangle (Fig. 7), adjust hand laterally until posterior and anterior triangles are the same size.

**Note:** Additional length measurements can be assessed by referencing the notch proximal to the windows.

The trails measure 25 mm from the distal tip to the start of the shaft, the first notch represents 30 mm in length, the second notch represents 35 mm in length (Fig. 8).

### NVM5: Nerve root monitoring

During the sizing and implant insertion steps, the free run EMG modality on NVM5 provides immediate surgeon-directed notification of spontaneous EMG activity and potential nerve root impingement.



Move hand medial

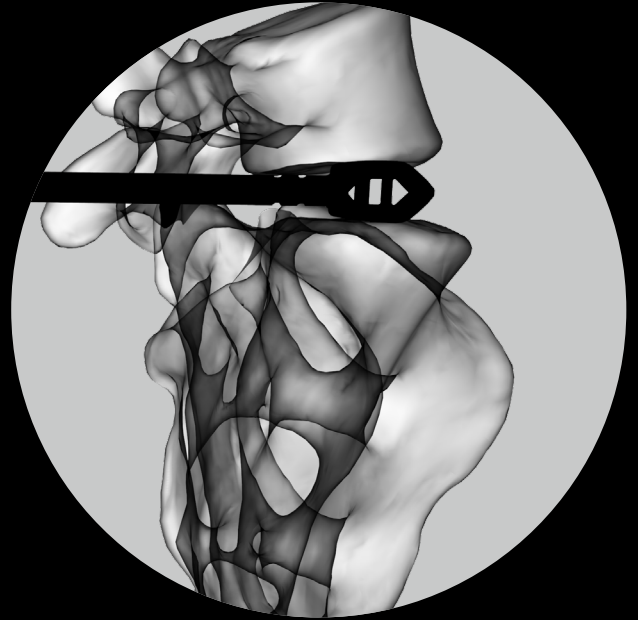


Fig. 6

Move hand lateral

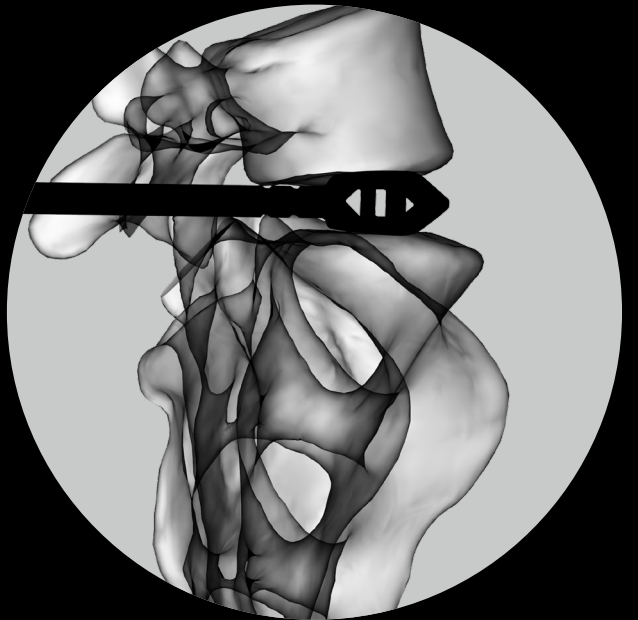


Fig. 7

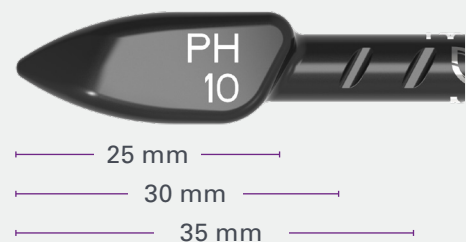


Fig. 8



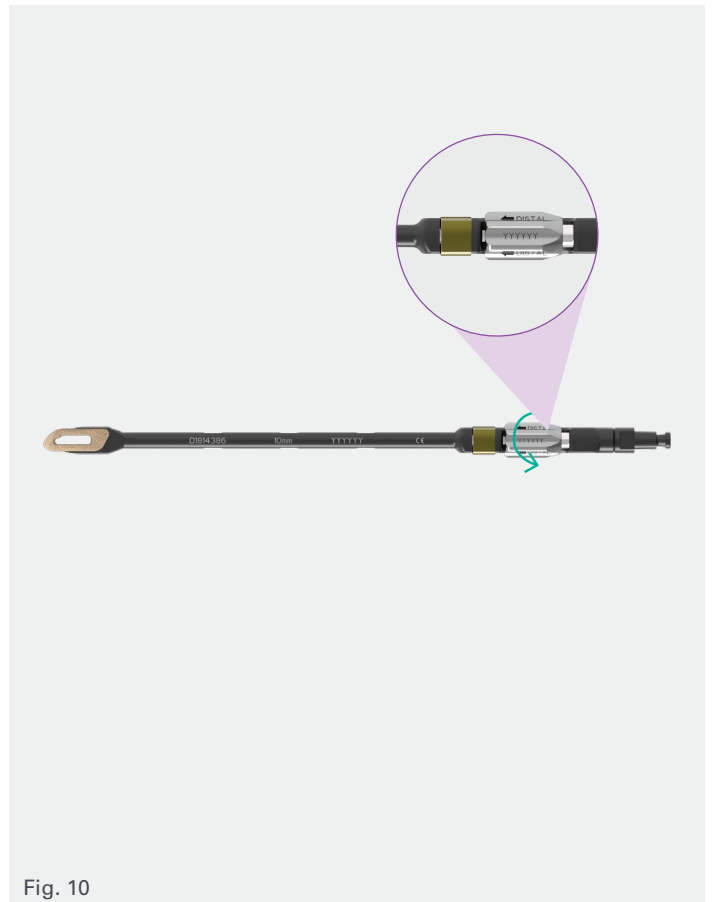
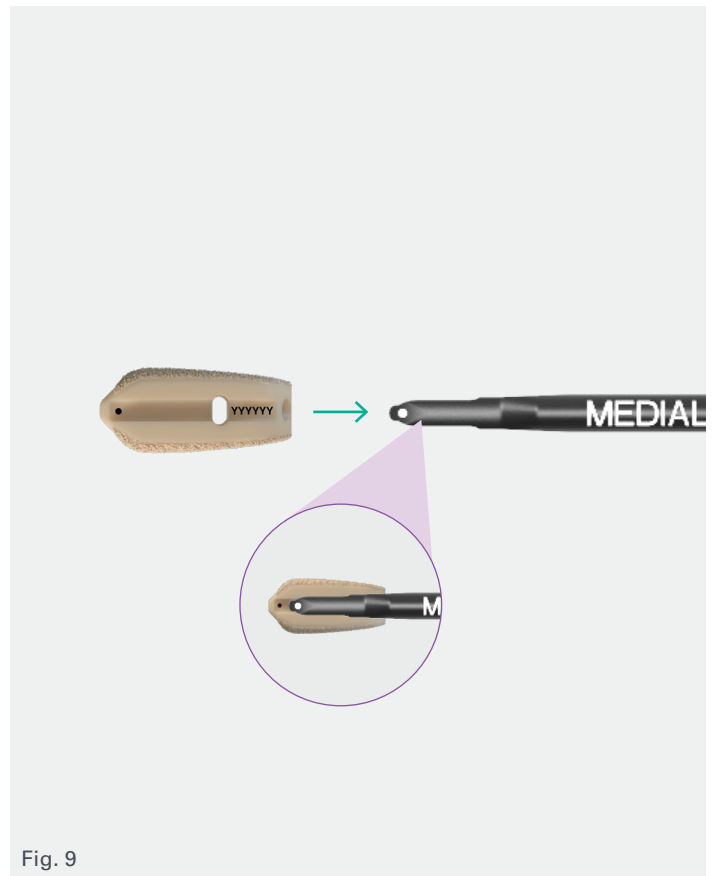
## Step 5

### Inserters and implant attachment

To attach the implant to the inserter, match the laser marked dot on the medial slot of the implant with the laser marked dot located on the distal tang of the medial side of the inserter (*Fig. 9*).

To lock the implant in place, rotate the thumbwheel located on the proximal end of the inserter clockwise until a hard stop is felt (*Fig. 10*).

**Note:** When assembling the inserter, the arrow on the thumbwheel must point distally toward the implant for proper instrument function (*Fig. 10*).



## Step 6

### Implant insertion

#### Insert and rotate technique

**Note:** 10 mm-wide implant—insert and rotate technique recommended for implants with an anterior height taller than 10 mm.

The insert and rotate technique is designed to provide maximum control and height restoration. This method will allow repositioning of the implant, as deemed appropriate, prior to rotating up to height. Using the 10 mm insert and rotate inserter, insert the implant on its side with the tapered nose facing cephalad. Impact the implant until the posterior aspect of the cage is seated fully in the disc space (Fig. 11).

**Note:** Prior to rotation, an A/P fluoro shot should be taken to confirm that the distal end of the implant is across midline.

Once the desired placement of the implant has been achieved, rotate up to height, confirming that the “medial” and “lateral” markings on both the proximal and distal ends of the inserter are in the proper orientation (Figs. 12, 13).

If further manipulation is appropriate, disengage the implant from the inserter and utilize the oblique TLIF tamp (provided in the set) to impact the proximal aspect of the implant.



Fig. 11



Fig. 12

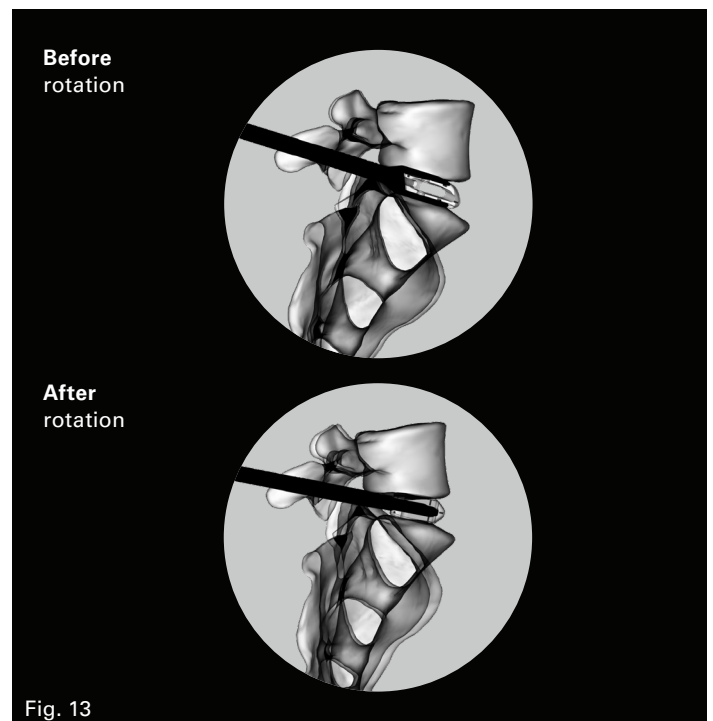


Fig. 13

## Implant insertion (cont.)

### Impaction technique

**Tip:** 10 mm-wide implant—impaction technique recommended for implants that are shorter than or equal to 10 mm in anterior height.

**Tip:** 14 mm-wide implant—always impact.

This method of implant insertion provides slight distraction upon insertion into the disc space. The implant should be inserted at the same angle as the trial to allow for proper placement and crossing of midline.

Impact the implant until the posterior aspect of the cage is seated fully in the disc space (Figs. 14a, 14b). This can be verified under fluoroscopy, utilizing the tantalum markers. An A/P fluoro shot should also be taken to confirm that the distal end of the implant is across midline (Fig. 15).

**Note:** The 10 mm impaction inserter is used for direct impaction technique only.



Fig. 14a

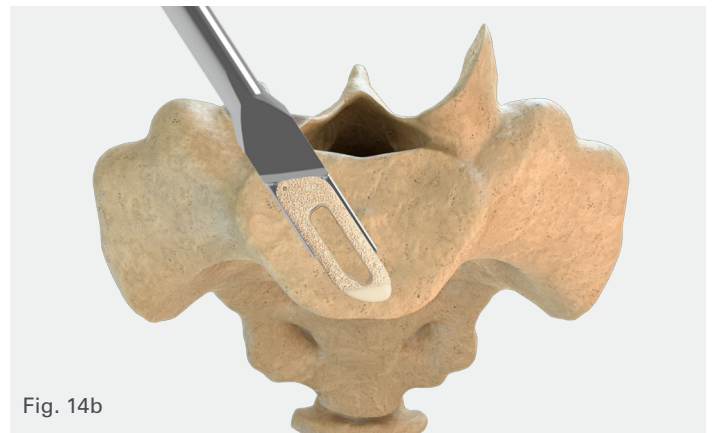


Fig. 14b

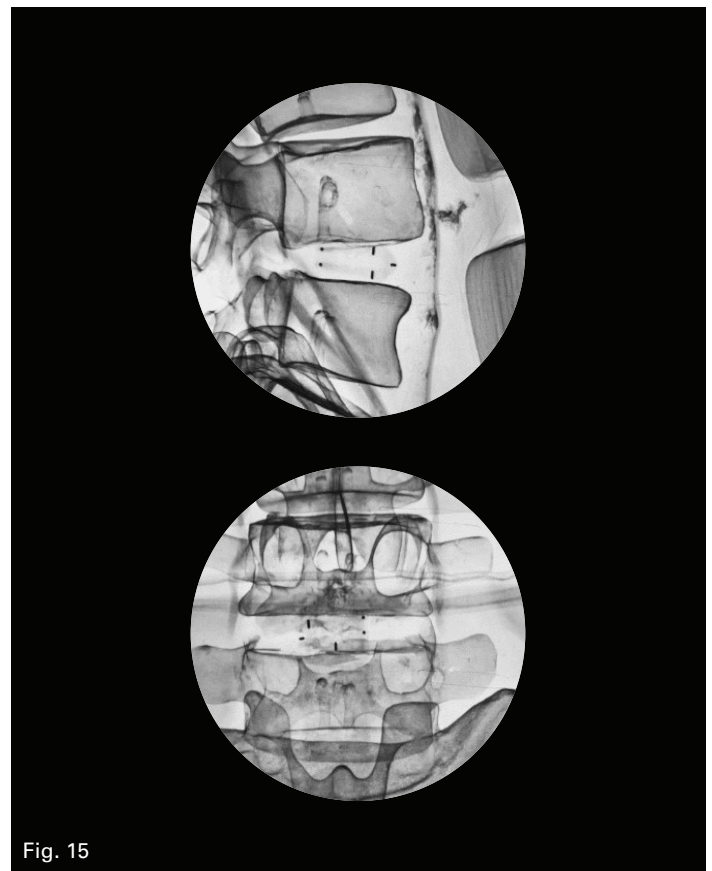


Fig. 15

## Step 7

### Final placement and inserter release

Final position of the implant can be verified under fluoroscopy. To release the implant from the inserter, rotate the thumbwheel counter clockwise until a tactile and audible click is felt, indicating that the inserter is fully disengaged from the implant. The inserter can now be removed (*Fig. 16*).

## Step 8

### Fixation

Place the desired fixation system, such as Reline (*Fig. 17*).

## Step 9

### Implant removal

Exposure is performed in the same fashion as the primary surgery. Prior to implant removal, the spinal fixation system must first be removed following instructions provided in the system surgical technique.

If the implant must be removed, the implant inserter or dedicated removal tool can be used for removal.

When using implant inserter for removal, first align the inserter to the implant so that the “medial” and “lateral” markings on the proximal and distal end of the inserter are in the proper orientation. Engage the tangs of the inserter onto the implant and lock the inserter onto the implant by rotating the thumbwheel clockwise until a hard stop is felt. The implant can now be removed. Care should be exercised to avoid neural elements during removal.

When using the removal tool for implant removal, align the tip of the removal tool with the threaded engagement aperture of the implant. Turn the removal tool clockwise to thread the removal tool into the engagement feature of the implant. Continue turning clockwise until the removal tool is securely engaged with implant. The implant can now be removed. Care should be exercised to avoid neural elements during removal.



Fig. 16

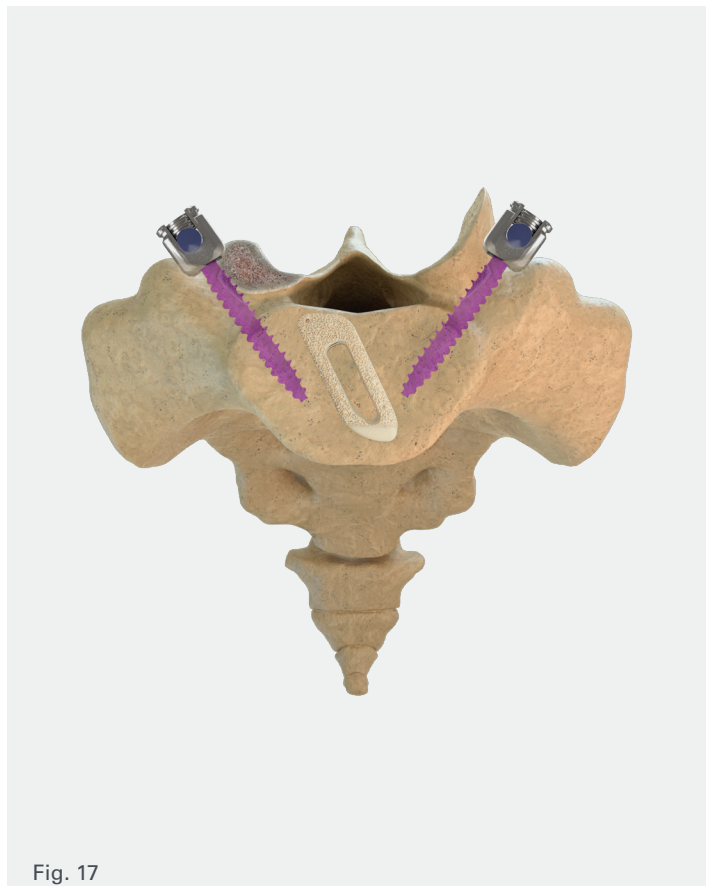


Fig. 17

# Cohere TLIF-O system

## Cohere TLIF-O instruments

### Cohere TLIF-O inserter, 10 mm



### Cohere TLIF-O inserter, 10 mm impact



### Cohere TLIF-O inserter, 14 mm impact



### Cohere TLIF-O removal tool



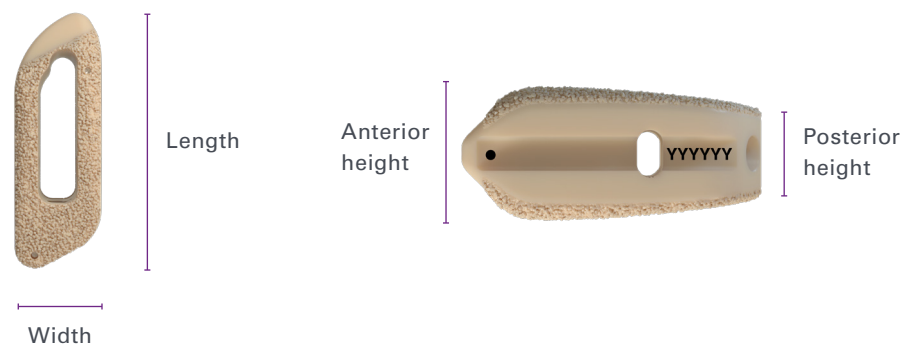
### Cohere TLIF-O trial



### Universal T-handle, with Hudson



# Sizing guide



**Important:** Labeled implant footprint height references anterior height. Refer to the packaging and table below to identify the posterior height of the implant.

## COHERETLIFOCOREIMP

Catalog no.	AHxWxL	Anterior height (mm)	Posterior height (mm)
6100254P2	10x10x25 mm, 4°	10	8
6120254P2	12x10x25 mm, 4°	12	10
6140254P2	14x10x25 mm, 4°	14	12
6100304P2	10x10x30 mm, 4°	10	8
6120304P2	12x10x30 mm, 4°	12	10
6140304P2	14x10x30 mm, 4°	14	12
6120258P2	12x10x25 mm, 8°	12	9
6140258P2	14x10x25 mm, 8°	14	11
6160258P2	16x10x25 mm, 8°	16	13
6120308P2	12x10x30 mm, 8°	12	8.5
6140308P2	14x10x30 mm, 8°	14	10.5
6160308P2	16x10x30 mm, 8°	16	12.5
6120252P2	12x10x25 mm, 12°	12	8.5
6140252P2	14x10x25 mm, 12°	14	10.5
6160252P2	16x10x25 mm, 12°	16	12.5
6120302P2	12x10x30 mm, 12°	12	7.5
6140302P2	14x10x30 mm, 12°	14	9.5
6160302P2	16x10x30 mm, 12°	16	11.5



**Important:** Labeled implant footprint height references anterior height. Refer to the packaging and table below to identify the posterior height of the implant.

## COHERETLIFOOUTIMP1

Catalog no.	AHxWxL	Anterior height (mm)	Posterior height (mm)
6160254P2	16x10x25 mm, 4°	16	14
6180252P2	18x10x25 mm, 12°	18	14.5
6160304P2	16x10x30 mm, 4°	16	14
6110308P2	11x10x30 mm, 8°	11	7.5
6180308P2	18x10x30 mm, 8°	18	14.5
6180302P2	18x10x30 mm, 12°	18	13.5

## COHERETLIFOOUTIMP2

Catalog no.	AHxWxL	Anterior height (mm)	Posterior height (mm)
6100354P2	10x10x35 mm, 4°	10	7.5
6120354P2	12x10x35 mm, 4°	12	9.5
6140354P2	14x10x35 mm, 4°	14	11.5
6104304P2	10x14x30 mm, 4°	10	8
6124304P2	12x14x30 mm, 4°	12	10
6144304P2	14x14x30 mm, 4°	14	12

# Instructions for use

## DESCRIPTION

The NuVasive Cohere Thoracolumbar Interbody System consists of an interbody, internal fixation plate and bone screws manufactured from PEEK Scoria (Polyether-ether-ketone), Titanium Alloy (Ti-6Al-4V ELI) conforming to ASTM F136/ ISO 5832-3, Ti-6Al-4V conforming to ASTM F1472, or Tantalum (Ta) conforming to ASTM F560/ ISO 13782. The fixation plate also includes components manufactured from Nickel-Cobalt-Chromium-Molybdenum Alloy (Carpenter MP35N alloy) conforming to ASTM F562. The implants are available in a variety different shapes and sizes to suit the individual pathology and accommodate anatomical conditions of the patient.

## INDICATIONS FOR USE

The NuVasive Cohere Thoracolumbar Interbody System is indicated for intervertebral body fusion of the spine in skeletally mature patients. The System is designed for use with autogenous and/or allogeneic bone graft comprised of cancellous and/or corticocancellous bone graft to facilitate fusion. When used with or without the Cohere XLIF internal fixation, the system is indicated for use with supplemental spinal fixation systems cleared by the FDA for use in the thoracolumbar spine. The devices are to be used in patients who have had at least six months of non-operative treatment.

The NuVasive Cohere Thoracolumbar Interbody System is intended for use in interbody fusions in the thoracic spine, from T1 to T12, and at the thoracolumbar junction (T12-L1), and in the lumbar spine, from L1 to S1, for the treatment of symptomatic disc disease (DDD), degenerative spondylolisthesis, and/or spinal stenosis at one or two adjacent levels, including thoracic disc herniation (with myelopathy and/or radiculopathy with or without axial pain). DDD is defined as back pain of discogenic origin with degeneration of the disc confirmed by history and radiographic studies. The NuVasive Cohere Thoracolumbar Interbody System can be used as an adjunct to fusion in patients diagnosed with multilevel degenerative scoliosis and sagittal deformity.

## CONTRAINDICATIONS

*Contraindications include but are not limited to:*

1. Infection, local to the operative site.
2. Signs of local inflammation.
3. Patients with known sensitivity to the materials implanted.
4. Patients who are unwilling to restrict activities or follow medical advice.
5. Patients with inadequate bone stock or quality.
6. Patients with physical or medical conditions that would prohibit beneficial surgical outcome.
7. Prior fusion at the level(s) to be treated.

## POTENTIAL ADVERSE EVENTS AND COMPLICATIONS

As with any major surgical procedures, there are risks involved in spinal/orthopedic surgery. Infrequent operative and postoperative complications that may result in the need for additional surgeries include: early or late infection; damage to blood vessels, spinal cord or peripheral nerves; pulmonary emboli; loss of sensory and/or motor function; pleural effusions, hemothorax, chylothorax, pneumothorax, subcutaneous emphysema, need for chest tube insertion, intercostal neuralgia, rib fracture, diaphragm injury; atelectasis; impotence; permanent pain and/or deformity. Rarely, some complications may be fatal. The treatment of multilevel degenerative scoliosis may be associated with a lower interbody fusion rate compared to one- and two-level interbody fusions.

*Potential risks identified with the use of this system, which may require additional surgery, include:*

- Bending, fracture or loosening of implant component(s)
- Loss of fixation
- Nonunion or delayed union
- Fracture of the vertebra
- Proximal junctional kyphosis (PJK)
- Neurological, vascular or visceral injury
- Metal sensitivity or allergic reaction to a foreign body
- Tissue reactions including macrophage and foreign body reactions adjacent to implants
- Infection
- Decrease in bone density due to stress shielding
- Degenerative changes or instability of segments adjacent to fused vertebral levels
- Malalignment of anatomical structures (i.e. loss of normal spinal contours or change in height)
- Pain, discomfort or abnormal sensations due to the presence of the device
- Nerve damage due to surgical trauma
- Bursitis
- Dural leak
- Paralysis
- Death

## WARNINGS, CAUTIONS AND PRECAUTIONS

### The subject device is intended for use only as indicated.

The implantation of spinal systems should be performed only by experienced spinal surgeons with specific training in the use of this spinal system because this is a technically demanding procedure presenting a risk of serious injury to the patient.

Correct selection of the implant is extremely important. The potential for success is increased by the selection of the proper size of the implant. While proper selection can minimize risks, the size and shape of human bones present limitations on the size and strength of implants. Metallic internal fixation devices cannot withstand the activity levels and/or loads equal to those placed on normal, healthy bone. These devices are not designed to withstand the unsupported stress of full weight or load bearing alone. Patients with previous spinal surgery at the level(s) to be treated may have different clinical outcomes compared to those without a previous surgery.

Caution must be taken due to potential patient sensitivity to materials. Do not implant in patients with known or suspected sensitivity to the aforementioned materials.

Exercise caution when choosing implant sizes, as larger implants may not be suitable for the thoracic spine. These devices can break when subjected to the increased load associated with delayed union or nonunion. Internal fixation appliances are load-sharing devices that hold bony structures in alignment until healing occurs. If healing is delayed, or does not occur, the implant may eventually loosen, bend, or break. Loads on the device produced by load bearing and by the patient's activity level will dictate the longevity of the implant.

Corrosion of the implant can occur. Implanting metals and alloys in the human body subjects them to a constantly changing environment of salts, acids, and alkalis, which can cause corrosion. Placing dissimilar metals in contact with each other can accelerate the corrosion process, which in turn, can enhance fatigue fractures of implants. Consequently, every effort should be made to use compatible metals and alloys in conjunction with each other.

Based on fatigue testing results, when using the Cohere Thoracolumbar Interbody System, the physician/surgeon should consider the levels of implantation, patient weight, patient activity level, other patient conditions, etc., which may impact on the performance of this system.

All components should be final tightened per the specifications in the Surgical Technique. Implants should not be tightened past the locking point, as damage to the implant may occur.

Notching, striking, and/or scratching of implants with any instrument should be avoided to reduce the risk of breakage.

For Cohere TLIF-A implants, do not position inserter past 90° with respect to the implant. Hyper angulation during impaction may result in implant disengagement.

The Cohere XLIF 40 mm length implants are not indicated for use with the XLIF AMS Plate.

The XLIF AMS Plate may be used in conjunction with any of the 45 mm – 60 mm length Cohere XL, XLW, or XLXW implants.

Care should be taken to ensure that all components are ideally fixated prior to closure.

This device contains nickel. Do not implant in patients with known or suspected nickel sensitivity

**Patient education:** Preoperative instructions to the patient are essential. The patient should be made aware of the limitations of the implant and potential risks of the surgery. The patient should be instructed to limit postoperative activity, as this will reduce the risk of bent, broken or loose implant components. The patient must be made aware that implant components may bend, break or loosen even though restrictions in activity are followed.

**Single use/do not re-use:** Reuse of a single use device that has come in contact with blood, bone, tissue or other body fluids may lead to patient or user injury. Possible risks associated with reuse of a single use device include, but are not limited to, mechanical failure, material degradation, potential leachables, and transmission of infectious agents.

### MRI Safety Information for Cohere XLIF internal fixation

**(XLIF AMS Plate and Bone Screws):** The Cohere XLIF AMS Plate and bone screws have not been evaluated for safety and compatibility in the MR environment. They have not been tested for heating, migration, or image artifact in the MR environment. The safety of the Cohere XLIF AMS Plate and bone screws in the MR environment is unknown. Scanning a patient who has this device may result in patient injury.

### MRI Safety Information for Cohere Thoracolumbar Interbodies:

In accordance with ASTM F2503 Standard Practice for Marking Medical Devices and Other Items for Safety in the Magnetic Resonance Environment, NuVasive, Inc.'s Cohere Thoracolumbar Interbody System product line should be labeled MR Conditional, following analysis comparing Cohere Thoracolumbar interbody devices to non-clinically tested MR Conditional devices.

Non-clinical analysis has demonstrated that the Cohere devices are MR Conditional. A patient with this device can be safely scanned in an MR system with the following conditions:

1. Static magnetic field of 1.5-Tesla (1.5T) or 3.0-Tesla (3.0T).
2. Maximum spatial gradient field of 19 T/m (1900 G/cm).
3. Maximum MR system reported, whole-body averaged specific absorption rate (SAR) of 2.0 W/kg (normal operating mode)

Under the scan conditions defined above, the device is expected to produce a maximum temperature rise of less than or equal to 3°C after 15 minutes of continuous scanning.

In non-clinical analysis, the image artifact caused by the device extends radially up to 0.7cm and 0.8cm, respectively, from the device when imaged with a gradient echo pulse sequence in a 1.5T MR system and a gradient echo pulse sequence in a 3.0T MR system.

**Compatibility:** Do not use Cohere Thoracolumbar Interbody System with components of other systems. Unless stated otherwise, NuVasive devices are not to be combined with the components of another system. All implants should be used only with the appropriately designated instrument (Reference Surgical Technique).

Instruments and implants are not interchangeable between systems.

#### PREOPERATIVE WARNINGS

1. Only patients that meet the criteria described in the indications should be selected.
2. Patient condition and/or predispositions such as those addressed in the aforementioned contraindications should be avoided.
3. Care should be used in the handling and storage of the Cohere implants. The implants should not be scratched or damaged. Implants and instruments should be protected during storage and from corrosive environments.

**For Sterile Implants:** Assure highly aseptic surgical conditions, and use aseptic technique when removing the Cohere implant from its packaging. Inspect the implant and packaging for signs of damage, including scratched or damaged devices or damage to the sterile barrier. Do not use the Cohere implants if there is any evidence of damage.

4. Refer to Cleaning and Sterilization Instructions below for all non-sterile parts.
5. Care should be used during surgical procedures to prevent damage to the device(s) and injury to the patient.

#### POST-OPERATIVE WARNINGS

During the postoperative phase it is of particular importance that the physician keeps the patient well informed of all procedures and treatments.

Damage to the weight-bearing structures can give rise to loosening of the components, dislocation and migration as well as to other complications. To ensure the earliest possible detection of such catalysts of device dysfunction, the devices must be checked periodically postoperatively, using appropriate radiographic techniques.

#### METHODS OF USE

Please refer to the Surgical Technique for this device.

#### PACKAGING

Packages for each of the components should be intact upon receipt. Devices should be carefully examined for completeness, and for lack of damage, prior to use. Damaged packages or products should not be used, and should be returned to NuVasive.

Instruments provided non-sterile can be single-use or reusable. Discard single-use instruments after use. Reusable instruments should be reprocessed using instructions provided below.

All implants and instruments provided sterile are intended for single use only. Do not use if package is opened or damaged. This product should NOT be re-sterilized. Discard single-use instruments after use.

#### HANDLING OF THE STERILE IMPLANT

- Before removing the implants from the package, make sure that the protective packaging is unopened and undamaged. If the packaging is damaged, the implants have to be considered as NON-STERILE and may not be used.
- Upon removal from the package, compare the descriptions on the label with the package contents (product number and size)
- Note the STERILE expiry date. Implants with elapsed STERILE expiry dates have to be considered as non-sterile and may not be used.
- Take particular care that aseptic integrity is assured during removal of the implant from the inner packaging.
- Open the packages carefully. Take suitable measures to ensure that the implant does not come into contact with objects that could damage its surfaces. Use only the recommended instruments for implantation of the implants. Damaged implants must not be used.

#### CLEANING AND DECONTAMINATION

All non-sterile instruments must first be thoroughly cleaned using the validated methods prescribed in the NuVasive Cleaning and Sterilization Instructions (doc #9400896) before sterilization and introduction into a sterile surgical field. Contaminated instruments should be wiped clean of visible soil at the point of use, prior to transfer to a central processing unit for cleaning and sterilization. The validated cleaning methods include both manual and automated cleaning. Visually inspect the instruments following performance of the cleaning instructions to ensure there is no visual contamination of the instruments prior to proceeding with sterilization. If possible contamination is present at visual inspection, repeat the cleaning steps. Contaminated instruments should not be used, and should be returned to NuVasive. Contact your local representative or NuVasive directly for any additional information related to cleaning of NuVasive surgical instruments.

Instruments with a "D" prefix part number (e.g. DXXXXXXX) may be disassembled. Please refer to the additional disassembly instructions for these instruments.

#### STERILIZATION

All non-sterile instruments and implants are sterilizable by steam autoclave using standard hospital practices, in addition to NuVasive's validated parameters. In a properly functioning and calibrated steam sterilizer, effective sterilization may be achieved using the parameters prescribed in the NuVasive Cleaning and Sterilization Instructions (doc #9400896).

#### INFORMATION


To obtain a Surgical Technique Manual or should any information regarding the products or their uses be required, please contact your local representative or NuVasive directly at +1-800-475-9131. You may also email: [info@nuvasive.com](mailto:info@nuvasive.com).


This Instructions for Use document is intended for the US market only. For OUS Instructions for Use, please refer to document #9402774 for Sterile implants.



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